Duncan Lake Middle School refresh. refuel. relax. September 2021

MONDAY

Menu is Subject to Change

TUESDAY

WEDNESDAY

Pizza Corn Fruit Milk/Juice THURSDAY Rotini & Meat

Sauce **Garlic Toast** Green Beans Fruit Milk/Juice

3 FRIDAY

No **School**

6

No **School**

Chicken Nuggets Mashed Potatoes & Gravy Fruit Milk/Juice

Pizza

Corn Fruit Milk/Juice

Nachos Refried Beans Fruit Milk/Juice

10

Chili Cheese Dog French Fries Fruit Milk/Juice

13

French toast Sticks & Sausage Hash brown Fruit Milk/Juice

14

Chicken Smackers **Mashed Potatoes** & Gravy Fruit Milk/Juice

15

8

Pizza Corn Fruit Milk/Juice 16

9

3 Cheese Cavatappi Broccoli Garlic Toast Fruit Milk/Juice

17

Bosco Sticks French Fries Fruit Milk/Juice

20

Bacon Cheeseburger Onion Rings Fruit Milk/Juice

21

Chicken Nuggets French Fries Fruit Milk/Juice

22

Day

23

Walking Taco Refried Beans Fruit Milk/Juice

24

Sweet & Sour Chicken Rice Mixed Veggies Fruit Milk/Juice

27

Loaded French Fries Fruit Milk/Juice

28

Popcorn Chicken Mashed Potatoes & Gravy Fruit Milk/Juice

29

Pizza Corn Fruit Milk/Juice 30

Mac N Cheese Garlic Toast Green Beans Fruit Milk/Juice

SERVED DAILY:

- Chicken Patty - Cheeseburger
- Spicy Chicken Patty
- Hamburger

Fruit & Veggie Bar may include fresh apples, orange, pears & bananas. Canned peaches, pears, apple slices, & pineapple. Fresh Romaine lettuce, carrots, celery, cucumbers, broccoli, tomatoes, green peppers.

Go to lunchapp.com to apply for Free/Reduced Meals. If you qualify you will receive breakfast and lunch. You need to fill out a new form for the current year, last year's applications expire October 9, 2018.

Go to www.sendmoneytoschool.com to view or deposit money to your child's account.

