



# Emmons Lake Elementary Breakfast Menu

April 2023

**Menu is subject to change per availability**

**3**  
SPRING BREAK

**4**  
SPRING BREAK

**5**  
SPRING BREAK

**6**  
SPRING BREAK

**7**  
SPRING BREAK

Go to [www.familyportal.cloud](http://www.familyportal.cloud) to view the history or deposit money to your child's account.

Do not forget to submit a new Free & Reduced for the new school year. Go to [www.lunchapp.com](http://www.lunchapp.com)

**10**  
Frudel  
Fresh or Canned Fruit  
Milk/Juice

**11**  
Cereal  
Fresh or Canned  
Fruit  
Milk/Juice

**12**  
Cinnamon Roll  
Fresh or Canned Fruit  
Milk/Juice

**13**  
Granola Bar  
Fresh or Canned Fruit  
Milk/Juice

**14**  
Cini Mini  
Fresh or Canned Fruit  
Milk/Juice

**New Lunch Prices:**  
Breakfast \$1.45  
Lunch \$2.40

Check out our website for nutritional information

**17**  
Yogurt  
Fresh or Canned Fruit  
Milk/Juice

**18**  
Cereal  
Fresh or Canned Fruit  
Milk/Juice

**19**  
Frudel  
Fresh or Canned Fruit  
Milk/Juice

**20**  
Muffin  
Fresh or Canned Fruit  
Milk/Juice

**22**  
Granola Bar  
Fresh or Canned Fruit  
Milk/Juice

**24**  
Muffin  
Fresh or Canned  
Fruit  
Milk/Juice

**25**  
Nutrigrain Bar  
Fresh or Canned Fruit  
Milk/juice

**26**  
Cini Mini  
Fresh or Canned  
Fruit  
Milk/Juice

**27**  
Frudel  
Fresh or Canned  
Fruit  
Milk/Juice

**28**  
Yogurt  
Fresh or Canned  
Fruit  
Milk/Juice



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