



Emmons Lake Elementary Lunch Menu

September 2022

Menu is Subject to Change

Go to www.familyportal.cloud to view the history or deposit money to your child's account.

Do not forget to submit a new Free & Reduced App for the new school year.

Why aren't meals free in the '22-'23 school year? The USDA made it possible for school nutrition programs to serve all students free breakfast and lunch through "waivers." Congress did not extend these waivers for the upcoming school year, so we will go back to regularly priced lunch for '22-'23. Please be sure to fill out a meal benefit application, which will be available July 1, 2022.



In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

New Meal Prices:
Breakfast \$1.45
Lunch: \$2.40

Check out our website for nutritional information.

No School

- 12**
- Hot Dog
 - Chicken Nuggets
 - Healthy Choice
 - Ham & Turkey Sub Sack Lunch
 - PB&J Baked Beans Fruit Milk/Juice

- 19**
- French Toast & Sausage
 - Pizza
 - Healthy Choice
 - Turkey & Cheese Sack Lunch
 - PB&J Hash brown Fruit Milk/Juice

- 26 NEW**
- Belgian Waffles & Sausage
 - Corndog
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Hash brown Fruit Milk/Juice

No School

- 6**
- Chicken Nuggets
 - Cheeseburger
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Smile Fries Fruit Milk/Juice

- 13**
- Chicken Tenders
 - Corndog
 - Healthy Choice
 - Ham & Turkey Sub Sack Lunch
 - PB&J Mashed Potatoes & Gravy Fruit Milk/Juice

- 20**
- Chicken Smackers
 - Pizza
 - Healthy Choice
 - Turkey & Cheese Sack Lunch
 - PB&J Mashed Potatoes & Gravy Fruit Milk/Juice

- 27**
- Chicken Nuggets
 - Corndog
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Mashed Potatoes & Gravy Fruit Milk/Juice

No School

- 7**
- Pizza
 - Cheeseburger
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Corn Fruit Milk/Juice

- 14**
- Pizza
 - Chicken Nuggets
 - Healthy Choice
 - Ham & Turkey Sub Sack Lunch
 - PB&J Corn Fruit Milk/Juice

- 21**
- Pizza
 - Chicken Sandwich
 - Healthy Choice
 - Turkey & Cheese Sack Lunch
 - PB&J Corn Fruit Milk/Juice

- 28**
- Pizza
 - Corndog
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Corn Fruit Milk/Juice
- Ace Giveaway**

- 1**
- Rotini & Meat Sauce
 - Garlic Toast
 - Chicken Sandwich
 - Healthy Choice
 - Turkey & Cheese Sack Lunch
 - PB&J Green Beans Fruit Milk/Juice

- 8**
- Nachos
 - Cheeseburger
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Refried Beans Fruit Milk/Juice

- 15**
- Mac N Cheese & Garlic Toast
 - Chicken Nuggets
 - Healthy Choice
 - Ham & Turkey Sub Sack Lunch
 - PB&J Broccoli Fruit Milk/Juice

- 22**
- Walking Taco
 - Pizza
 - Healthy Choice
 - Turkey & Cheese Sack Lunch
 - PB&J Refried Beans Fruit Milk/Juice
- Ace Birthday Month Popsicle Giveaway**

- 29**
- Cheeseburger
 - Corndog
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Baked Beans Fruit Milk/Juice

No School

- 9**
- Bosco
 - Cheeseburger
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Green Beans Milk/Juice

- 16**
- Chicken Sandwich
 - Chicken Nuggets
 - Healthy Choice
 - Ham & Turkey Sub Sack Lunch
 - PB&J French Fries Fruit Milk/Juice

- 23**
- Pretzel & Cheese Sauce
 - Pizza
 - Healthy Choice
 - Turkey & Cheese Sack Lunch
 - PB&J Green Beans Fruit Milk/Juice

- 30**
- Bosco
 - Corn dog
 - Healthy Choice
 - Ham & Cheese Sack Lunch
 - PB&J Tater Tots Milk/Juice