



Kettle Lake Elementary Breakfast Menu September 2022

Menu is subject to change per availability

1 Donut Stick
Fresh or Canned Fruit
Milk/Juice

2 **No School**

5 **No School**

6 Cini Mini
Fresh or Canned Fruit
Milk/Juice

7 Muffin
Fresh or Canned Fruit
Milk/Juice

8 Frudel
Fresh or Canned Fruit
Milk/Juice

9 Cereal
Fresh or Canned Fruit
Milk/Juice

Go to www.familyportal.cloud to view the history or deposit money to your child's account.

Do not forget to submit a new Free & Reduced for the new school year. Go to www.lunchapp.com

12 Nutigrain Bar
Fresh or Canned Fruit
Milk/juice

13 Cereal
Fresh or Canned
Fruit
Milk/Juice

14 Cinnamon Roll
Fresh or Canned Fruit
Milk/Juice

15 Granola Bar
Fresh or Canned Fruit
Milk/Juice

16 Cini Mini
Fresh or Canned Fruit
Milk/Juice

New Lunch Prices:
Breakfast \$1.45
Lunch \$2.40

Check out our website for nutritional information

19 Cini Mini
Fresh or Canned Fruit
Milk/Juice

20 Cereal
Fresh or Canned Fruit
Milk/Juice

21 Nutigrain Bar
Fresh or Canned Fruit
Milk/juice

22 Granola Bar
Fresh or Canned Fruit
Milk/Juice

23 Frudel
Fresh or Canned Fruit
Milk/Juice

26 Muffin
Fresh or Canned
Fruit
Milk/Juice

27 Donut Stick
Fresh or Canned Fruit
Milk/Juice

28 Cereal
Fresh or Canned
Fruit
Milk/Juice

29 Frudel
Fresh or Canned
Fruit
Milk/Juice

30 Cinnamon Roll
Fresh or Canned Fruit
Milk/Juice



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