



YMCA, Young-5's & GSRP Breakfast Menu May/June 2022

Breakfast Includes

Fruit, which may include fresh apples, oranges, pears, bananas or canned applesauce, peaches, or pineapple. Fat-Free Milk or Juice is included with each breakfast.

Free breakfast and lunch.

Curbside Meals available for virtual learning Mondays 9:00-9:30. Located at Duncan Lake Middle School. You will receive 5 breakfast and 5 lunches.



In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

2 Granola Bar Fresh or Canned Fruit Milk/Juice	3 Frudel Fresh or Canned Fruit Milk/Juice	4 Poptart Fresh or Canned Fruit Milk/Juice	5 Yogurt Fresh or Canned Fruit Milk/Juice	6 Cereal Fresh or Canned Fruit Milk/Juice
9 Cini mini Fresh or Canned Fruit Milk/Juice	10 Granola Bar Fresh or Canned Fruit Milk/Juice	11 Frudel Fresh or Canned Fruit Milk/Juice	12 Poptart Fresh or Canned Fruit Milk/Juice	13 Cereal Fresh or Canned Fruit Milk/Juice
16 Cereal Fresh or Canned Fruit Milk/Juice	17 Frudel Fresh or Canned Fruit Milk/Juice	18 Cini mini Fresh or Canned Fruit Milk/Juice	19 Cereal Fresh or Canned Fruit Milk/Juice	20 Muffin Fresh or Canned Fruit Milk/Juice
23 Frudel Fresh or Canned Fruit Milk/Juice	24 Granola Bar Fresh or Canned Fruit Milk/Juice	25 Cereal Fresh or Canned Fruit Milk/Juice	26 Poptart Fresh or Canned Fruit Milk/Juice	27 Cini mini Fresh or Canned Fruit Milk/Juice
30 No School	31 Cereal Fresh or Canned Fruit Milk/Juice	1 June Yogurt Fresh or Canned Fruit Milk/Juice	2 Muffin Fresh or Canned Fruit Milk/Juice	3 Granola Bar Fresh or Canned Fruit Milk/Juice