

Young-5's & GSRP Breakfast Menu September 2021

Breakfast Includes

Fruit, which may include fresh apples, oranges, pears, bananas or canned applesauce, peaches, or pineapple. Fat-Free Milk or Juice is included with each breakfast.

Free breakfast and lunch.

Curbside Meals available for virtual learning Mondays 9:00-10:00. Located at Duncan Lake Middle School. You will receive 5 breakfast and 5 lunches.

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6

No School

Fresh or Canned Fruit

Granola Bar Fresh or Canned Fruit Milk/Juice

Frudel Fresh or Canned Fruit Milk/Juice

Fresh or Canned Fruit

Cini mini

Milk/Juice

9

2

Muffin

Milk/Juice

Poptart Fresh or Canned Fruit Milk/Juice

Fresh or Canned Fruit

10

3

Cereal Fresh or Canned Fruit Milk/Juice

No

School

Frudel Fresh or Canned Fruit Milk/Juice 15

Cini mini Fresh or Canned Fruit Milk/Juice 16

Cereal Fresh or Canned Fruit Milk/Juice 17

Muffin Fresh or Canned Fruit Milk/Juice

20

13

Poptart

Milk/Juice

Cereal Fresh or Canned Fruit Milk/Juice 21

14

Cini mini Fresh or Canned Fruit Milk/Juice 22

Granola Bar Fresh or Canned Fruit Milk/Juice 23

Poptart Fresh or Canned Fruit Milk/Juice 24

Muffin Fresh or Canned Fruit Milk/Juice

27

Poptart Fresh or Canned Fruit Milk/Juice 28

Cereal Fresh or Canned Fruit Milk/Juice 29

Muffin Fresh or Canned Fruit Milk/Juice 30

Cini mini Fresh or Canned Fruit Milk/Juice